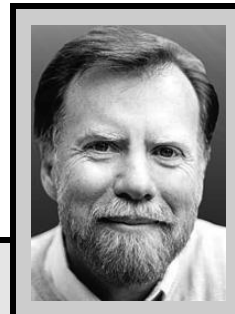




Neufeld Institute Parent Conference

Rest - Play - Grow

Saturday February 11, 2012
 9:00 am till 3:30 pm
 Travelodge Hotel and Conference Centre
 1376 Carling Avenue, Ottawa



Morning Keynote: Dr. Gordon Neufeld, 9:00 am till 10:15 am
 English, with slide presentations in French and English

What is our role in fostering growth and providing psychological rest in the lives of our children? Rest seems elusive in an age and time characterized by turmoil and advancing technology; however, by focusing on the role of psychological rest in our children's lives, we come to see its purpose and its necessity for healthy development. The theme of Dr. Neufeld's keynote will involve developing an understanding of the concept of *psychological rest* and its role in unlocking the dynamics for maturation inside each child.

Dr. Neufeld is a Vancouver-based developmental psychologist with 40 years experience working with children and those responsible for them. A foremost authority on child development, Dr. Neufeld is a highly respected international speaker, bestselling author [Hold on to your Kids], and noted expert in the area of attachment. For more information on Dr. Neufeld and his work, please go to www.NeufeldInstitute.com.

Morning Presentations: 10:30 am - 12:00 noon

| | Presentation Focus |
|---------|--|
| English | Understanding Frustration and Aggression in Children & Teens, with Martine Demers "Argh! It's not working!" Stepping in to help your child take-up a relationship with his / her frustrations will be one of your best investments as a parent. Frustrations can become overwhelming. It is important to understand how this can lead to aggressive behavior. |
| English | Understanding our Children: Confident Parenting, with Tamara Strijack We all want what is best for our children. As we look at some of the key development and attachment needs of our children as they grow up, it will help us understand better what they need from us as parents, as well as what they don't need. We will explore how we can provide what is necessary for them to feel safe and secure, to learn and venture forth, and to face difficulties in their life - both at home and at school. |
| English | What Do I Do? – My Child is Being Bullied!, with Eva De Gosztanyi Why do bullies pick on our children? It's is not what you expect. I will expose the "bully dynamic" to reveal its instinctive roots in attachment and vulnerability, and explain why our common interventions cannot really work. I will then present interventions to help protect children from this hurtful dynamic. |
| French | Donner un sens à l'adolescence, avec Marilou Doutreloux L'objectif de cet atelier est de <i>Donner un sens à l'adolescence</i> de l'intérieur (à l'intérieur d'eux-même) vers l'extérieur, de présenter les dynamiques communes qui les affectent tous et d'apporter quelques suggestions pratiques pour arriver à franchir ce passage tumultueux. |

Bring Your Lunch! EAT-LISTEN-DISCUSSION Workshops [Optional]: 12:15 till 1:00 pm

| | Bring Your Lunch! EAT - LISTEN - DISCUSSION Workshops |
|---------|---|
| English | Helping your Child Transition to Preschool and Kindergarten, with Martine Demers While some children eagerly anticipate their entry to kindergarten others are a bit apprehensive. There is much that a parent can do to help their child. Help them hold onto you as they embark on this new adventure! |
| French | Trouver Notre Place comme Père, avec Mathieu Lyons Cette présentation vise à présenter comment l'homme peut trouver sa place à titre de figure d'attachement sécurisante auprès des enfants en plus de présenter plusieurs exemples de comment il est possible pour un homme de mettre en place le contexte nécessaire pour favoriser le processus de maturation des enfants. |

Afternoon Presentations: 1:15 pm till 2:45 pm

| | Presentation Focus |
|---------|---|
| English | Insight into the Children of Blended Families, with Marilou Doutreloux Building a blended family is a big challenge, especially for the children and teens involved. How can we help them as they go through such changes? How can we best be with them in this new reality. |
| English | Transplanted Children: The Challenge of Fostering and Adopting, with Eva De Gosztonyi We love them and care for them and yet they continue to challenge our best efforts. This presentation will focus on the attachment dynamics that affect our "transplanted" children and adolescents; how these influence their behaviour, and what we can do to help them reach their full potential. |
| English | Rest in a Restless World: How to Help a Child / Teen with Anxiety, with Tamara Strijack Our world is not an easy place to live. More and more children and adolescents are being affected in various ways reacting not only to the alarming world around them, but often to their own internal alarm. Understanding the roots of anxiety helps us to make sense of the child's experience and informs how we respond as parents, teachers and caregivers. |
| French | Donner un sens à l'agression, avec Mathieu Lyons Cette présentation permet de mieux comprendre ce qui pousse nos enfants à adopter des comportements agressifs en plus de fournir des pistes d'interventions qui permettent à l'enfant de développer la maturité émotionnelle nécessaire pour remédier à ses difficultés. Le tout repose sur un diagramme simple qui permet aux participants de bien intégrer la matière. |

Closing Address with Dr. Gordon Neufeld: 3:00 pm till 3:30 pm

Presenter Biographies

| | |
|---------------------------|---|
| Eva De Gosztonyi | Eva de Gosztonyi, M.A. is a psychologist who has worked for over 35 years in school systems across Canada. Presently she is the Co-ordinator of the <i>Centre of Excellence for Behaviour Management</i> , a support to the ten English School Boards of Quebec for behaviour disorders. She is also a Faculty member of the Neufeld Institute. |
| Martine Demers | Martine Demers, M.Spec.Ed, is a Behavior Consultant working with challenging students for over twenty years in schools and with the adults who care for them. Martine is a Faculty member with the Neufeld Institute and Director of French Programs and Translation. |
| Marilou Doutreloux | Marilou Doutreloux a enseigné aux enfants en difficulté pendant plus de 16 ans et est maintenant consultante en adaptation scolaire. Elle est également mère de deux jeunes adultes et belle-mère de deux adolescentes depuis six ans. |
| Mathieu Lyons | Mathieu Lyons, M.S.S., TSI. est un travailleur social clinicien au Centre Psychosocial d'Ottawa en plus de pratiquer au sein de sa clinique privée [www.cflerepere.ca]. Dans le cadre de ses études dirigées avec l'Institut Neufeld, il s'est penché plus précisément sur l'application du paradigme dans le contexte familial. |
| Tamara Strijack | Tamara Strijack, MA, is a Registered Clinical Counsellor working on Vancouver Island. She has worked with children and adolescents in various roles over the last sixteen years and is herself a mother of two young girls. She also works as a parent and teacher consultant, helping adults make sense of the children in their care. |

Registration Details [Please pre-register by accessing a Registration Form]

Cost: \$95 per person / \$160.00 per 'parenting couple' [meant to offer relief to a joint-income budget]

Please note that lunch is not provided: The Village Restaurant [located at the Travelodge Hotel & Conference Center] offers a lovely lunch buffet available for purchase, and other restaurants are nearby

Free Parking available at the Travelodge Conference Center

Accommodation: Available at the Travelodge Hotel, please quote event name for special rate

Please note that daycare is not available: babies in arms are most welcome, but mobile children can be distracting for presenters & audience members

Registration Forms for the Neufeld Institute Parent Conference: Rest - Play - Grow can be accessed by going to www.acycc.com [enter 'Neufeld Information & Registration' window]. For further information or questions, please email Darlene Denis-Friske at acycc@bellnet.ca or call 613-622-5499.



Neufeld Institute Parent Conference: *Rest - Play - Grow*

Saturday February 11, 2012: 9:00 am till 3:30 pm
 Travelodge Conference Centre, 1376 Carling Avenue, Ottawa

REGISTRATION FORM:
Please send registration early to better ensure your selections!

CANCELLATION POLICY: A person is able to cancel and have registration refunded [minus a \$40.00 registration fee], before January 31st. There will be no refunds for cancellation after January 31st for any reason including inclement weather conditions.

Please rank your top two registration preferences, with "1" being your first choice, and "2" being your second choice. In the event that your first choice is already full, we will place you in your second choice. You will be notified on the receipt / workshop confirmation, which is sent via email.

Morning Presentation Selections

| Rank order of two: | Presentation Selections | Language |
|--------------------|---|----------|
| | Understanding Frustration and Aggression in Children & Teens, with Martine Demers | English |
| | Understanding our Children: Confident Parenting, with Tamara Strijack | English |
| | What Do I Do? - My Child is Being Bullied!, with Eva De Gosztonyi | English |
| | Donner un sens à l'adolescence, avec Marilou Doutreloux | French |

Bring Your Lunch!: EAT - LISTEN - DISCUSSION Workshops

| Please indicate if you plan to attend... | Bring Your Lunch!: EAT - LISTEN - DISCUSSION Workshops | Language |
|--|--|----------|
| | Helping your Child Transition to Preschool and Kindergarten, with Martine Demers | English |
| | Trouver notre place comme père, avec Mathieu Lyons | French |

Afternoon Presentation Selections

| Rank order of two: | Presentation Selections | Language |
|--------------------|---|----------|
| | Insight into the Children of Blended Families, with Marilou Doutreloux | English |
| | Transplanted Children: The Challenge of Fostering & Adopting, with Eva De Gosztonyi | English |
| | Rest in a Restless World: How to Help a Child / Teen with Anxiety, with Tamara Strijack | English |
| | Donner un sens à l'agression, avec Mathieu Lyons | French |

Please print clearly...

Full Name[s] _____
Please include both names if registering as a parenting couple

Email _____ **Telephone Number** _____

Address: _____

Amount included: _____ \$95.00 per person _____ \$160.00 parenting couple rate
 Please note that lunch is **not** provided however a buffet is available for purchase in the Village Dining Room.

Please pay by cheque or money order made payable to:
The Arnprior Child and Youth Counselling Centre

You will receive a confirmation of your workshop selections / receipt via email.

Please return this completed registration form with **full payment** for events to the following address: *The Arnprior Child and Youth Counselling Centre, @ The Kenwood Corporate Centre, 107-16 Edward Street South, Arnprior, Ontario, K7S 3W4.*